

## Ingredients

600ml carton of fresh cream

3/8 cup Pure icing sugar

1 tsp Organic vanilla bean paste (Queen brand) 90g Dark cooking chocolate (Lindt 70% is great) Gelatine sheets (check with the brand how many to use)

## Method

- 1 Place cream, icing sugar, vanilla in a saucepan and allow to simmer until reduced by approximately one third. Keep stirring gently with a wooden spoon ensuring that the cream does not catch on the bottom. Add the chocolate and stir until nicely melted, incorporated, smooth. Take off heat.
- 2 Place gelatine sheets into cold water and soak for five minutes. (The number you will need depends on the brand/strength level.)
- 3 Squeeze gelatine sheets and pop into the chocolate mix. Stir well to make sure it has all dissolved. Do not heat, the warmth of the mix is enough.
- 4 When cooler, pour into your serving cups etc. We love to present this in the little coffee glasses/cups (rather than the unmoulded type of panna cotta)....
- 5 Refrigerate overnight.
- 6 Top with freshly whipped cream and a few blueberries on the side/saucer...rich and decadent, the serve can be smaller than usual... looks like a cute little cappuccino.

And now the MOST IMPORTANT PART:
RELAX and ENJOY with a serve of Urban Myths